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Ann Paige Nolen, age 9, daughter of Mr. and Mrs. James Nolen is shown with creation she made from 'junk' as part of reading project.

Andre McCoy, age 10, the son of Mr. and Mrs. O. B. McCoy is shown with the replica of the 'Old Court House' as part of reading project.

Reading Comes Alive At AES

Making reading come alive in the class helps the pupils to learn by doing. Through a variety of ideas, projects, and activities, Reading Unlimited, helps open the world of ideas for the children. Reading leads to creative writing; it fosters creative thinking; it sparks art projects; it makes use of community resources; it expands awareness of other cultures and values.

With 'Ideas' 4 and 5 in mind, the following students completed the following projects. The minature city of Madurodam in Holland. The following students worked on this project: Ann Nolen, Jo Anna Layne, Amy Covington, Cindy Garrette, Terri Hancock, Wanda Martin, Michael Hamlett and Ralph Moseley. Based upon is experiences and a lot of research Andre McCoy made use of "Community Resources" and made a replica of the Old Court House. Making things out of junk, this idea was carried out by Ann Nolen and Jo Anna Layne after reading the story, "Beautiful Junk". These projects are designed to help children learn by doing.

The fourth year reading class is under the direction of Mrs. J. C. Webb.

Retired Federal Employees Will Hold Regular Meeting

The National Association Retired Federal Employees chapter 110, will hold their regular monthly meeting Thursday, April 5 at 2 p.m. in the conference room of Applachian Power Co., 523 Main St., Lynchburg.

NARFE is comprised of retirees from all walks of the federal civil service and is the only organization which is exclusively concerned with representing the interests of all persons qualified under the federal government's retirement programs.

A program of interest will be presented and refreshments provided.

MIGHTY FOUR MEETS

On March 6 the Mighty Four 4-H Club held its March meeting. Plans were made for upcoming events such as visiting the nursing home and going roller skating. Candy for the Interstate Exchange Program was selling so well the date was pushed up.

Blair Smith, Reporter

PANCAKE SUPPER

The Pamplin Charge United Methodist Men will have a pancake and sausage supper on Saturday, March 31, 1979 at 4 p.m. at the Pamplin Fire House. All pancakes you can eat. Adults $2.25 and children, $1.25.

Elon Pastor Conducts Conference

Dr. Bill Trimyer, pastor of Elon Baptist Church in Pamplin, conducted a "Crisis of Life Conference" at Greenpond Baptist Church in Gretna this past week end.

The weekend conference included such topics as "A Positive Attitude In a Negative World," "Death and Dying," "Grief", "Talking To Children About Death," "The Crisis of Aging and Retirement," and "The Crisis of Hospitalization."

The conference was designed to give practical knowledge and help when facing some of life's difficult crises. For further information, contact Dr. Trimyer at 248-6132 or 248-6734.

Kim Seibert Celebrates Birthday

Kim Seibert celebrated his birthday Sunday, March 25, with a skating party. Attending were, left to right, Jean Dannielle, Cindy Adams, Dawn Lamberth, Eric Brown, "Kim", Kelly Locke, Sheila Baldwin, Debbie Hamlett, Leslie Price, Susan Beth Brown, Samuel Brown, Charles Seibert, Pam Brown, Oscar Lyn Brown, Pattie Seibert, and Tim Seibert.

The Pastor Speaks

I worry too much!
I should tackle each day
as it comes
and hope
for a touchdown
and dream
for the extra point.

This poem by a college girl may have been inspired as much by the scripture passage, Matthew 6:25-34, as it was by the football season. We all worry too much. Just take a look at the statistics for high blood pressure and ulcers in our stress-filled culture. Look at the deaths caused by heart attacks and strokes and the spiritual deaths caused by nerous breakdowns. Our society is full of pressure - - pressure from home to support our families and maybe even get a little ahead, pressure from schools to get higher grades and learn always more new information, pressure from athletic coaches to win, win, win; pressure from our employers to produce more and more and better and better.

All these pressures add up to one big problem - - the temptation to think we can take care of all these pressures and meet all these needs by ourselves. But we can't. The scripture in Matthew tells us who can - - God. What we need to be able to do is to trust in him to provide - - he knows what we need. Seek first his kingdom and his righteousness and all these other things shall be yours as well. We need not be anxious over the little things of everyday life and what is going to happen tomorrow. We should live each day as it comes, working to our capacity, and trusting that God is watching over us as he does the sparrow and the lily. And we must thank God each day for the touchdowns and extra points, the blessings he gives us all beyond our bare survival.

Kitch Shatzer
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The Bible And Daily Living

By Dr. William L. Trimyer

FREEDOM AND RESPONSIBILITY

Lesson For April 1, 1979

Background Scripture:
I Corinthians 10:23 to 11:1

All things are lawful, but not all things are helpful. All things are lawful, but not all things build up. (I Cor. 10:23)
Free Yet No Free!

Freedom is a precious commodity. We who live in a "free world" perhaps do not appreciate freedom since we do not know what it means to be in slavery. Yet any Christian who was once a captive to self or some other "god," may well fully appreciate what it means to be free in Christ Jesus.

The Spirit of Christ is a freeing force! He cuts us loose from the binding chains of sin and meaningfulness. He gives to us a sense of oneness with him and the world in which we live. Christ leads us from despair to a deep sense of hopefulness.

Once we become a Christian we are indeed free, but such freedom is not a license to charge through the world without respect and concern for other human beings. The world is not a "doormat" on which we wipe our feet. Christ has set us here to serve our brothers and sisters. Too many people are concerned with making a better place for themselves in the world, as opposed to making the world a better place in which to live.

Those who concentrate on making a better place for themselves in the world seem to overlook the rights and needs of others. Some people treat other humans as mere "bowling pins," which they must knock down in order to score! We cannot talk about "our rights" unless we take into account the rights of others.

Be Who You Are!

We are each one a unique creature. We are each special in our own way. But sometimes our uniqueness may become offensive to others. We need to remember that the other person may not be in the same boat that we are in. We also need to remember that not all people think in the same manner as we do. What we believe to be right for us may be interpreted by someone else as wrong. Sometimes our actions may "blow someone out of the water!" Paul is saying that there are times when we must use restraint in order to keep another from stumbling.

This calls for a sticky situation. Paul argues, "Why should my freedom be determined by another person's scruples? If I partake with thankfulness, why am I denounced because of that for which I give thanks?" We've all been in this boat before, haven't we? There are some things we like to do which we do not believe to go against our commitments and beliefs. Yet others will condemn and criticise us for what we do. Are we to deny ourselves that which we feel is right for us simply because someone gets bent out of shape about it?

Paul's answer is that everything we do should honor God. Paul felt that it was very important to practice self-discipline in order for others to come to a relationship in Christ. And that's not a bad principle to live by. It is important to live a life style that will attract people to Christ and the church. If we advertise that we are Christians and yet practice dishonesty towards others, they may "smell the rat" and back away from a relationship to Christ and the church. The nonchristian world will "read you" before they sit down to read the Bible!

Freedom And Fun!

The Christian life does not imply that one is not to have any fun. Far too long we have heard that a good Christian will not dance, drink, chew or go with girls who do! We have oftentimes taken the position spirit of the New Testament and turned it into a negative rule book of "Thou Shalt Nots". So we turn the whole idea of "Freedom In Christ" into a code of laws. We set up standards which are unrealistic and virtually impossible to maintain.

We major on the trivial rather than the really important requirements of being a follower of Christ. The end result is a move away from the church rather than a turning to and embracing it. Let humans be human! Let Christ be seen as the "liberator" rather than a "slavemaster."

Dr. Trimyer is pastor of Elon Baptist Church, Pamplin, Va.

Evening of Music To Be Present at Pamplin A.A.R.P. Meeting

The American Association of Retired Persons, Pamplin Chapter will be entertained by a group of young folks at their regular monthly meeting on April 12.

The meeting will be at the Pamplin Charge United Methodist Church Fellowship Hall and will begin at 7:30 p.m.

Mr. J. L. Collins, Program Chairman, says that the entertainment planned for the evening will be a real pleasant change of pace, it will be a music program.

There is no charge for admission, so come and bring a friend.

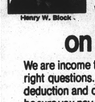
Refreshments will be served following the entertainment.

HEBRON CHURCH TO PRESENT FILM

Hebron Baptist Church is sponsoring a religious film, "A Stranger In My Forest," next Saturday night, March 31st at 8 p.m.

This film is a suspenseful adventure story with a powerful message for all ages.

Plan to attend to bring a friend.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